

# PT Packages

**10 sessions**

2 months expiry

**\$1200**

**20 sessions**

4 months expiry

**\$2160**

\$108/session

**30 sessions**

6 months expiry

**\$2880**

**40 sessions**

8 months expiry

**\$3560**

Our experienced trainers provide excellent support to clients. We build your confidence, discipline and structure your workouts for optimal results